

Promoted for and on behalf of Cycling Time Trials under their rules and regulations



The START SHEET for the

East Anglia VTTA 25 mile Individual & Tandem Time Trial

COURSE F2A/25 – SATURDAY 25th SEPTEMBER 2021- STARTS AT 14:01

Course details F2A/25 - START (GR389596) on St Neots Road west of Madingley RAB about 626yds west of RAB at a point 6yds west of 'Comberton 2' sign and 95yds west of road leading to Comberton. Proceed eastwards to Madingley RAB where take 1st exit onto A428 westbound, past Hardwick and Cambourne flyover junctions to:

TURN (6.56m) at Caxton Gibbet RAB (junction with A1198). Retrace A428 eastbound and about 1 mile past Hardwick flyover bear left onto A1303 sliproad (CTT arrows here but **NO MARSHAL**), signed Cambridge, follow over A428 to:

TURN (12.86m) at Madingley RAB taking 4th exit to rejoin A428 and retrace westbound to:

TURN (19.13m) at Caxton Gibbet RAB. Retrace A428 eastbound and again bear left onto A1303 sliproad, signed Cambridge, to:

FINISH on sliproad 15yds past 'Bend' sign (currently just a post!).

IN THE INTEREST OF YOUR OWN SAFETY, CYCLING TIME TRIALS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A HARD SHELL SAFETY HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD. HELMETS ARE COMPULSORY FOR JUVENILE AND JUNIOR RIDERS

A WORKING REAR LIGHT, FLASHING OR CONSTANT, IS COMPULSORY AND ANY RIDER WITHOUT ONE WILL NOT BE ALLOWED TO START.

NOTES TO RIDERS - The following local regulations must be adhered to: -

- 1. No riding with your head down, any rider observed riding dangerously will be disqualified from the event and reported to the CTT District Committee for further disciplinary action. Have a fast, but safe ride.**
- 2. NO 'U' TURNS are allowed within sight of either the start or finish area. Riders carrying out this dangerous maneuver are liable for disqualification from the event and further disciplinary action by the CTT District Committee.**
- 3. Numbers will be situated in the HQ; these can be exchanged for a hot or cold drink after the event. NO cars to stop or park at the start or finish areas, the finish is a clearway.**
- 4. No warming-up by competitors is allowed along any part of the designated course, after the event has started. NOTE: NO Riders allowed in the start area more than 5 minutes before starting.**
- 5. Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will be liable to disciplinary action by the District Committee.**
- 6. Riders are required to both sign on and off. Failure to do so will result in a rider being disqualified from the results.**

Timekeepers: Tim Groves and Becky Groves.

Event Secretary: Michael Martin, 7 Penfold Close, Baldock, Herts, SG7 6UT 07873707826

Awards (only VTTA Members are eligible for awards)

Best on standard. £30 (M/W/T)

Second on standard. £25 (M/W)

Third on standard. £20 (M)

Fourth on standard. £15 (M)

Fifth on standard. £10 (M)

Thereafter one £10 award to 13th place. (M)

Men's Team- aggregate of best 3 riders on standard - £10 per rider.

Women's Team- aggregate of best 2 riders on standard _ £10 per rider.



Proceeds from the catering will be donated to this charity

EVENT HQ – Caldecote Village Hall, Furlong Way, Highfields Caldecote, CB23 7ZH.

Hall open from 12.30pm latest

HQ to start: 3.2 miles of flat road. From the HQ go left on Furlong Way to the T-junction with Highfields Road. Turn left and follow over mini RABs to large RAB where take the 3rd exit onto St Neots Road, past the BP garage. At the next RAB take the 3rd exit signed to Hardwick and the start is further along this road. Signs will mark the route.

Finish to HQ: Continue to RAB where take 3rd exit, signed Comberton, Hardwick. Stay on this road past the start until it bears right to a RAB where take the first exit. Follow this road to the next RAB where 1st left then follow over mini RABs and turn right into Furlong Way. Signs will mark the route.

The HQ is in a residential area so please be considerate of local residents.

Covid 19.

Covid 19 has not gone away. Please follow CTT website guidance where possible and respect others even though we can now offer teas and cake. Masks, whilst optional are still advised. Due to Covid, there will be **no pusher-off** for this event.

No parking at either the start or finish, other than timekeepers. There is limited parking at the HQ but careful parking on the grass is okay. There is another small parking area just on past the HQ entrance. Please **DO NOT** park on the residential streets by the HQ (another Covid-19 consideration) – there is plenty of space to park along St Neots Road on the way towards the start but please don't park in front of houses.

Marshals: Marshals will be out on the course. Please acknowledge their dedication as you pass.

There are reserves waiting for start times so please advise organiser ASAP if you will be a DNS